


**FABRIC REQUIREMENTS**

Twin – 65" x 82"		
Quilts of Valor size appropriate		
	Embroidered Accent Blocks	Pieced Only
<b>White</b>	4 ½ Yards	4 Yards
<b>Navy</b>	2 ½ Yards	1 ½ Yards
<b>Blue</b>	1 Yard	1 Yard
<b>Red</b>	2 ½ Yards	2 ½ Yards

Queen/King – 91" x 108"		
	Embroidered Accent Blocks	Pieced Only
<b>White</b>	8 ½ Yards	7 ½ Yards
<b>Navy</b>	1 Yard	1 ½ Yards
<b>Blue</b>	1 ½ Yards	2 Yards
<b>Red</b>	3 ½ Yards	3 ½ Yards

**Fabric Sampler**

<b>White:</b> Brand: Collection: Design:	<b>Red:</b> Brand: Collection: Design:
<b>Navy:</b> Brand: Collection: Design:	<b>Blue:</b> Brand: Collection: Design:

**Clue 1**

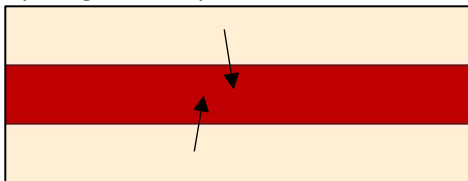
**Part One: Strip Sets**

**Cutting:**

Queen – 91" x 108"	Twin – 65" x 82"
Cream: Fifty (50) - 1 ½" x width of fabric (WOF)	Cream: Twenty-six (26) - 1 ½" x width of fabric (WOF)
Red: Thirty-Seven (37) - 1 ½" x width of fabric (WOF)	Red: Nineteen (19) - 1 ½" x width of fabric (WOF)

\*Instructions are based on 42" width of fabric\*

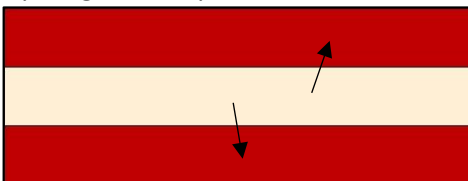
1. Sew strips together as pictured. Press toward the center fabric. Strips will measure 3 ½" x WOF.



**Make:**

Queen: Twenty-one (21)	Twin: Eleven (11)
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2. Sew strips together as pictured. Press outward. Strips will measure 3 ½" x WOF.







**Make:**

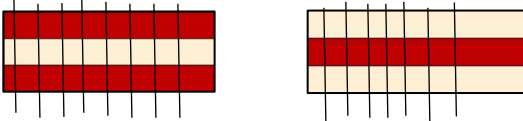
Queen: Eight (8)	Twin: Four (4)
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**Part Two: Nine Patches**

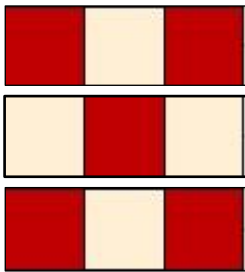
You will need:

Queen – 91" x 108"	Twin – 65" x 82"
 Eight (8) strip sets (Sub-cuts 200)	 Two (4) strip sets (Sub-cuts 96)
 Four (4) strip sets (Sub-cuts 100)	 One (2) strip set. (Sub-cuts 48)

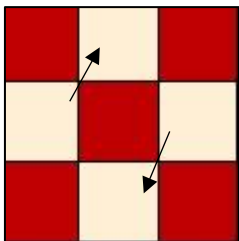
1. Cut the strip sets into 1 1/2" x 3 1/2" pieces.



2. Nesting seams sew the pieces together as such:



3. Press outward



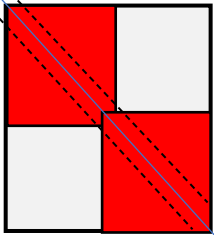
**Make:**

Queen: One Hundred (100)	Twin: Forty-Eight (48)
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*The remainder of the strip sets will be used in another clue!*

**Clue 2**

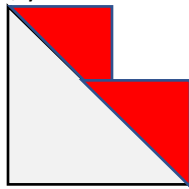
Queen – 91" x 108"	Twin – 65" x 82"
White: Twenty-four (24) - 7 ½" squares	White: Six (6) – 7 ½" squares
Red: Ninety-six (96) – 4" squares	Red: Twenty-four (24) – 4" squares



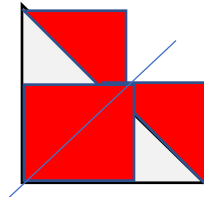
Place two red squares on the white fabric. One on each corner opposite of each other. The center point will overlap ¼". Pin into place. Draw a diagonal line through the center of the red blocks. Stitch scant ¼" away from each side of the line. Cut the square in half on the drawn line.

Press open.

After pressing open, you will have two units as pictured.

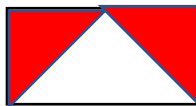


Place a red square on the corner, the draw a line from corner to center of triangle pieces.



Sew ¼" away from each side of the line.

Cut on the drawn line and press open. Repeat on the second unit.



From each 7 ½" block you will get four (4) 3 ½" x 6 ½" flying geese units.

**For the Queen size, you will have 96 flying geese.**

**For the Twin size, you will have 24 flying geese.**

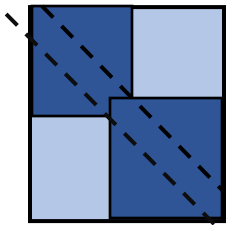
**Clue 3**

**With Embroidery**

Blue: Forty (40) – 4 ½” Squares	Blue: Fourteen (14) – 4 ½” Squares
Navy: One hundred Sixty (160) – 2-5/8” Squares	Navy: Fifty-Six (56) – 2-5/8” Squares

**Pieced Only**

<b>Queen – 91” x 108”</b>	<b>Twin – 65” x 82”</b>
Blue: Forty-Nine (49) - 4 ½” squares	Blue: Eighteen (18) – 4 ½” Squares
Navy: One hundred Ninety-Six (196) – 2-5/8” Squares	Navy: Seventy-Two (72) – 2-5/8” Squares



Place two navy squares on the blue fabric. One on each corner opposite of each other. The center point will overlap ¼”. Pin into place. Draw a diagonal line through the center of the navy blocks. Stitch scant ¼” away from each side of the line. Cut the square in half on the drawn line.

Press open.



After pressing open, you will have two units as pictured.



Place a navy square on the corner, the draw a line from corner to center of triangle pieces. Sew ¼” away from each side of the line. Cut on the drawn line and press open. Repeat on the second unit.



From each 4 ½” block you will get four (4) 2” x 3.5” flying geese units.

**Clue 3 Flying Geese unit totals:**

<b>FOR THE QUEEN</b>	With Embroidery – 160 Pieced Only – 196
<b>FOR THE TWIN</b>	With Embroidery – 56 Pieced Only - 72

### Clue 4

#### Embroidered Queen – 91" x 108"

White Fabric:

- Cut Nineteen (19) 3 ½" x Width of Fabric Strips. Sub-cut Nine (9) of the strips into 3 ½" Squares, resulting in one hundred (100) 3 ½" Squares. Ten (10) strips will remain.
- Cut Three (3) 18 ½" x Width of Fabric Strips. Sub-cut each strip into two 18 ½" squares. Yields six (6) 18 ½" Squares.

Red Fabric:

- Cut two (2) 3 ½" x WOF strips. Sub-cut the strips resulting in sixteen (16) 3 ½" squares.

Blue Fabric

- Cut eight (8) – 2" x WOF strips. Sub-cut strips into 2" squares, yielding a total of 165 squares.
- Cut two (2) – 3 ½" x WOF strips. Sub-cut into 3 ½" Squares, totaling twenty-four (24) squares.

#### Embroidered Twin – Quilt of Valor Appropriate

White Fabric

- Cut eight (8) 3 ½" x WOF strips. Sub-cut two (2) of the strips into 3 ½" increments, resulting in twenty-four (24) squares. Six strips remain.
- Cut Two (2) 18 ½" x Width of Fabric Strips. Sub-cut each strip into two 18 ½" squares and one (1) 9 ½" Square. Yielding Four (4) 18 ½" Squares and two (2) 9 ½" squares.

Red Fabric:

- Cut eight (8) 3 ½" x WOF strips. Use one strip and cut four (4) 3 ½" Squares.

Blue Fabric:

- Cut one (1) 3 ½" x WOF strip. Cut six (6) 3 ½" Squares.
- Cut two (2) 2" x WOF strips. Sub-cut in 2" increments, resulting in forty (40) 2" squares.

Navy Fabric:

- Cut seven (7) 3 ½" x WOF strips.

*To check counts a chart is found on page nine.*

**Pieced Queen – 91" x 108"**

White Fabric:

- Cut Nineteen  $3\frac{1}{2}$ " x WOF. Sub-cut Nine (9) of the strips into  $3\frac{1}{2}$ " Squares, resulting in one hundred (100)  $3\frac{1}{2}$ " Squares. Ten (10) strips will remain.
- Cut three (3)  $18\frac{1}{2}$ " x Width of Fabric Strips. Sub-cut each strip into three (3)  $18\frac{1}{2}$ " squares. Yields six (6)  $18\frac{1}{2}$ " Squares.

Red Fabric:

- Cut two (2)  $3\frac{1}{2}$ " x WOF strips. Sub-cut the strips resulting in twenty-five (25)  $3\frac{1}{2}$ " squares.

Blue Fabric

- Cut ten (10) – 2" x WOF strips. Sub-cut strips into 2" squares, yielding a total of 200 squares.
- Cut two (2) –  $3\frac{1}{2}$ " x WOF strips. Sub-cut into  $3\frac{1}{2}$ " Squares, totaling twenty-four (24) squares.

**Pieced Twin – Quilt of Valor Appropriate**

White Fabric

- Cut two (2)  $3\frac{1}{2}$ " x WOF strips. Sub-cut into  $3\frac{1}{2}$ " increments, resulting in twenty-four squares.
- Cut six (6) – 3" x WOF strips.
- Cut Two (2)  $18\frac{1}{2}$ " x Width of Fabric Strips. Sub-cut each strip into two (2)  $18\frac{1}{2}$ " squares and one (1)  $9\frac{1}{2}$ " Square. Yielding Four (4)  $18\frac{1}{2}$ " Squares and two (2)  $9\frac{1}{2}$ " squares.

Red Fabric:

- Cut eight (8)  $3\frac{1}{2}$ " x WOF strips. Using one strip, cut twelve (12)  $3\frac{1}{2}$ " Squares.

Blue Fabric:

- Cut one (1)  $3\frac{1}{2}$ " x WOF strip. Cut six  $3\frac{1}{2}$ " Squares.
- Cut three (3) 2" x WOF strips. Sub-cut in 2" increments, resulting in fifty-six (56) 2" squares.

Navy Fabric:

- Cut seven (7)  $3\frac{1}{2}$ " x WOF strips.

***To check counts a chart is found on page nine.***

**Embroidered Quilt Counts**

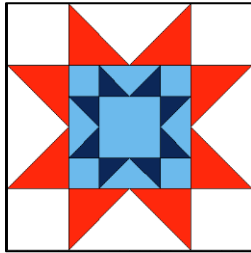
Queen – 91" x 108"		Twin – 65" x 82"	
White		White	
	One-hundred (100) – 3 ½" Squares		Twenty-four (24) – 3 ½" Squares
	Ten (10) – 3 ½" x Width of Fabric Strips		Six (6) – 3 ½" x Width of Fabric Strips
	Six (6) – 18 ½" Squares		Two (2) – 9 ½" Squares
			Four (4) – 18 ½" Squares
Red		Red	
	Sixteen (16) 3 ½" Squares		Four (4)- 3 ½" Squares
Blue			Seven (7) – 3 ½" x Width of Fabric Strips
	One hundred sixty-five (165) – 2" Squares	Blue	
	Twenty-four (24) – 3.5" Squares		Six (6) – 3 ½" Squares
			Forty (40) – 2" Squares
		Navy	
			Seven (7) – 3 ½" x Width of Fabric Strips

**Pieced Quilt Counts**

Queen – 91" x 108"		Twin – 65" x 82"	
Red		Red	
	Twenty-five (25) – 3 ½" Squares		Twelve (12) – 3 ½" Squares
Blue			Seven (7) – 3 ½" x Width of Fabric Strips
	Twenty-four (24) - 3 ½" Squares	Blue	
	Two hundred (200) – 2" Squares		Six (6) – 3 ½" Squares
White			Fifty-Six (56) - 2" Squares
	One hundred (100) – 3.5" Squares	Navy	
	Six (6) - 18 ½" Squares		Seven (7) – 3 ½" x Width of Fabric Strips
	Ten (10) – 3 ½" x Width of Fabric Strips	White	
			Twenty-four (24) – 3 ½" Squares
			Six (6) – 3" x Width of Fabric Strips
			Two (2) – 9 ½" Squares
			Four (4) – 18 ½" Squares



**Clue 5**



Per block you need:

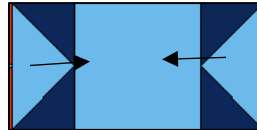
- Four (4) – 3 ½" White Squares
- Four (4) Red & White Flying Geese
- Four (4) – 2" Blue Squares
- Four (4) – Blue & Navy Flying Geese
- One (1) – 3 ½" Blue Square

1. Sew one 2" blue square to both ends of two Navy & Blue flying geese. Press outward.

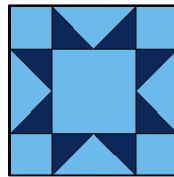
The unit will measure 2" x 6 ½"



2. Sew a Blue & Navy flying geese on both sides of the 3 ½" blue square. Press inward. The unit will measure 3 ½" x 6 ½".

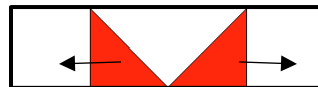


3. Join the flying geese strips from Step One to the top and bottom. The seams will nest perfectly. The blue triangle will be facing toward the center. Press either direction. The block be a 6 ½" square.

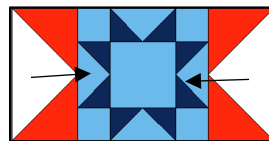


4. Sew one 3 ½" white square to both ends of two (2) Red & White flying geese. Press outward.

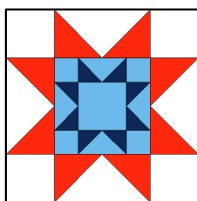
The units will measure 3 ½" x 12 ½".



5. Sew Red & White flying geese on both sides of the 6 ½" star block from Step Three. Press inward. The unit will measure 6 ½" x 12 ½".



6. Join the flying geese unit from Step Four to the top and bottom. The seams will perfectly nest. Press either direction. The block will be a 12 ½" square.



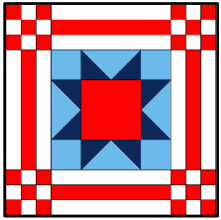
**For the Queen Size:**

Make 24 Blocks

**For the Twin:**

Make 6 Blocks

Clue 6



Per block you will need:

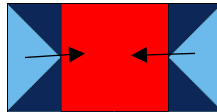
- Four (4) Nine Patches
- One (1) White-Red-White strip set
- Four (4) Navy & Blue Flying Geese
- Four (4) 2" Blue Squares
- One (1) 3 1/2" Red Square

1. Sew one (1) 2" blue square to both ends of two Navy & Blue flying geese. Press outward.

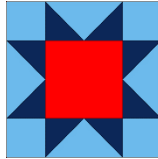
The unit will measure 2" x 6 1/2"



2. Sew a Blue & Navy flying geese on both sides of the 3 1/2" blue square. Press inward. The unit will measure 3 1/2" x 6 1/2".



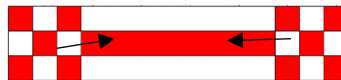
3. Join the flying geese strips from Step One to the top and bottom. The seams will nest perfectly. The blue triangle will be facing toward the center. Press either direction. The block be a 6 1/2" square.



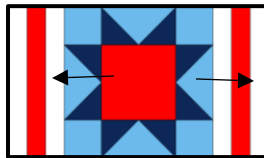
4. Cut the strip set into 6 1/2" increments.

5. Sew one (1) nine patch to both ends of a 6 1/2" strip. The seams will perfectly nest. Press toward the strip. Make two.

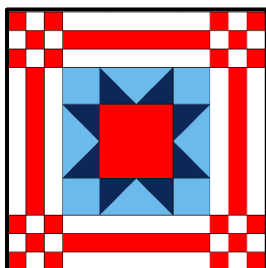
They will measure 3 1/2" x 12 1/2"



6. Sew one strip set to both sides of the center block. Press toward the strip. The unit will measure 6 1/2" x 12 1/2"

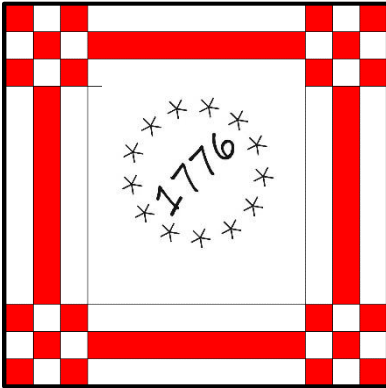


7. Sew the units from Step Five to the top and bottom. Press either direction. The block will be a 12 1/2" square.



Pieced Only Make	With Embroidery Make
Queen: 25	Queen: 16
Twin: 12	Twin: 8

-EMBROIDERY QUILTS ONLY-



Per block you need:

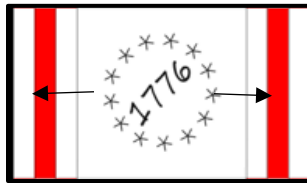
- One (1) 6 1/2" Embroidered block
- One (1) White-Red-White Strip Set
- Four (4) Nine Patches

1. Cut the strip set into 6 1/2" increments.

2. Sew one (1) nine patch two both ends of a 6 1/2" strip. The seams will perfectly nest. Press toward the strip. Make two. They will measure 3 1/2" x 12 1/2"



3. Sew one strip set to both sides of an embroidered block. Press toward the strips. The unit will measure 6 1/2" x 12 1/2".



4. Sew Step Two units to the top and bottom. Press either direction. The block will be a 12 1/2" square.



**For the Queen Size:**

Make 9 Blocks

**For the Twin:**

Make 4 Blocks